Be a Success with Proven Success Practices

by Professor
Wesley E Arnold

HUMANS ARE HUMANE
MONSTERS AREN'T
CAUSE NO HARM BY ACTIONS OR INACTION
MAKE IT THE HUMAN WAY and LAW
Enforce law to protect all
ONLY DO AS YOU WOULD WANT DONE TO YOURSELF

Your mind is a garden.
Your thoughts are seeds.
You can grow flowers,
Or you can grow weeds.
nOH
MATTERS
neurogenic Orthostatic Hypotension

Be a Success with People Skills, Real Life Experience and Proven Success Practices.

Great Ideas For your Success

Bits of Wisdom Things not taught today.

Kindness, caring, listening, asking questions, Science and thinking are Solutions to most problems.

Think for yourself. If you don't others will think for you at your expense.

Don't believe everything you hear or even see. Be skeptical. Ask enough questions to get all of the needed information correct. Use reliable sources especially not from hearsay or obsolete uneducated opinions from the past or old books.

If in doubt say Really! Prove it. Is it actual and factual truth. Humans and computers need accurate information. I taught technology classes at college level for 30 years and still do. Technology says Garbage In Gives Garbage Out.

Don't accept nonfactual info or opinions unquestionably.

Avoid bad info and emotions as they will cripple you as will bad chemicals or unhealthy or **unknown substances**. **Avoid drugs**. Many may addict you even on first try and get a hold on you and will not let go. He snorted stuff down, soon they put him in the ground. She popped an unknown pill. It caused a painful death. Made everyone sad. Many lives have been needlessly ruined or ended by drugs.

Don't ride in a car with a driver that texts or looks at phone while driving because they kill many innocent people, often children, needlessly every year.

If you want to be a success, Think Success.

Decide what you want to do, **Plan** how to accomplish it. **Make a plan then work your plan**. Later evaluate and improve. You must have a burning desire to succeed. By the way part of success is staying alive. Think Safety and Survival. Plan for them. Yes seriously. Many don't and many of die needlessly. Al walked on the RR tracks with his headphones blaring so he did not hear the train which killed him. Think!

Experience teaches one should **be vigilant** for threats to your safety and health and **make** dealing with them the **highest priority.** Many who did not do that died.

Many people don't look as they cross a street. In England I had to look to the right before I crossed. Good thing I did because there was a very quiet car coming from the right. If I had not looked I would have been killed. This booklet is about learning from experience of others that can put you ahead.

Be aware of what can kill you:

Volatile liquids as gasoline can explode if there is even a small spark or heat nearby. Also never pour them onto fire.

Food Poisoning from unclean utensils, dishes, wrappers or food not stored in hot or cold or preservatives or insufficient cooking so as to not kill harmful bacteria and parasites.

Arguing with unknown, unstable, hostile persons. If they are agitated best to avoid them, speak calming words.

Negative thoughts, emotions and especially anger can cause one to do things we regret later. If angry remember that it affects your judgement so best while angry to defer action**.**

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What can kill you continued Being in **path** of moving objects (cars, trains, machinery) walking on RR tracks with loud ear fones(modern spelling) Being in a cold or hot environment without adequate protection. Being in environment with plants, animals, beings that can be hostile.

Avoid Negative people, as they are poison. Seek positive faithful friends. **Avoid gangs** as they can get you killed. Enemies can disguise as friends or nice persons. Better find them out and avoid them, before it's too late. Ask them to say a prayer for the both of you in your presence. It will reveal if they are in a cult and their thinking. Ask them open ended questions to get their feelings on issues. Such as "How do you feel about….?" **Be aware of** your **surroundings** and to possible threats. **Be prepared**. Have a plan worked out in advance. **Think safety in everything you do**. Wear safety glasses and ear sound dampers. When pushing hard on tools think about what will happen if it slips. Most accidents are preventable. **Diving**. Find out how deep the water is before diving into it. Always assume guns are loaded. **Never point** a weapon at anyone, even put a finger on a trigger (some will fire with **very little pressure**) Never draw something out of a pocket and point it at an officer. Police officers have to deal daily with criminals with guns. Many innocents were shot because they appeared to be pointing a gun. Officers are trained to shoot first because there is often just not enough time and many officers have died because they hesitated. Keep your **hands up** and in sight.

Think safety, practice safety. Learn First Aid and CPR. Keep an eye on children to protect them. Keep anything that could harm them out of their reach. When cutting only cut away from your body. Water with electricity is dangerous. Also avoid downed wires and metal fences. Use safe practices when climbing or when anything is a potential risk.

The following is survival advice from experts.

If a **terrorist** or **active shooter** is nearby, Escape if possible, lock door, lights out fone on silent, be out of sight. Tell those around you that if the terrorist comes in they can either do nothing and die, or get his gun down and get him down and all will live but it will take several people. See videos on Internet on this such as Run, Hide, Fight. Lock the door, and put chairs and other things in the doorway. If Terrorist enters **throw things at him to distract him**, Even a one second distraction gets you time to act to **push gun down**. This takes people out of target area. Push behind his knee (which causes knee to fold) **take him down one person on each arm and leg, then pile on top of him**. **Keep him down** use all force necessary to keep him down and get gun away. Put waste basket on top of gun. To not take gunman and gun out of action is a death sentence. If you spot a person with a lot of something wrapped around them get away and call police may be a suicide bomber. And the same for masked women and men because unless it is super cold there is no need for a mask. No one needs to hide their face in America slavery has been outlawed here.

Negative thoughts can lead to depression and can make you destroy yourself. **A** **n**egative **t**hought (**ant**) is just a little thing and can be overcome. First resolve that you will not give them power over you. No matter how bad it is you are still the captain of your ship. You determine what thoughts you think. It is all right to think a fact thought that may be negative such as "I am depressed, or "I have failed" Check it to see if it is really true and if it is learn from it. Think "So I failed what can I learn from this? Then make a new plan to achieve your goals. The best way to get something done, is to begin. If depressed your mind will sometimes make it even worse and you must reach out for a little free help from a crisis line

586 307 9100 800 273 8255

Take one step at a time. If it is to be it's up to me.

Your life touches many others in ways you are not aware of. If you die you would leave a black hole and cause others sorrow. Your loss is their loss also. Even one who has few or no friends has the potential of helping oneself and others. The world is full of lonely people and many who desperately need a few minutes of kindness. Great satisfaction can be yours in showing kindness to another and can make a huge difference in people's lives. **Better to** light a candle than to curse the darkness.

Thoughtful defensive non distracted driving saves lives.

Anticipate actions. If someone looks like they may change lanes or pull out in front of you get a foot on the break just in case. Leave adequate stopping room in front of you. Use lights at near darkness and during storms. Being unprepared, not watchful, or distracted can cause loss in life as well as driving.

If you are **in** the **least doubt about a decision** or if much emotion is involved it is probably **best to set it aside** for a while, sleep on it to let the subconscious mind work on it. Since a very great percentage of the mind is subconscious it is wise to use it. If there is not time than **at least seek calm-wise council** and listen. Take time to ask infinite intelligence what to do. Then listen for the quiet answer that may come when you wait for it and are willing to receive it. God sometimes gives answers through your own thoughts. **Search for** the **best**, **most wise action**. Be sure to **consider** all **alternatives** and **possibilities**.

Take Time To **Think**. It Is The Source Of Power.

Take Time To **Read**. It Is The Fountain Of Wisdom.

Take Time To **Love**. It The Greatest Thing In The World. Love makes everything a little easier.

Be **Cheerful**. It Is The Road To Happiness.

Take Time To Be **Friendly**. It Is The Best Way To Get Along With Others. I have found that even friendly acquaintances may help you greatly. I was told by a personnel manager that she hired me because I had smiled and was friendly.

Take Time To Do What Jesus Taught. (Love One Another, **Kindness**) It Is The Key To Happiness.

Take Time To **Plan** And **Work**. They Are Keys To Success. Those who are successful think and work at being a success. **Get knowledge** that will let you use opportunities. **Many job openings go unfilled because no one has the knowledge needed.** Some employers will even pay for training.

Ben Franklin's wise Maxims:

Silence: Speak only what will benefit others or yourself.

Order: **Let all things have their places.** Let each part of your business have its time.

Resolution: **Resolve to perform what you ought**. Perform without fail what you resolve.

Frugality: **Make no expense but to do good to others or yourself; that is; waste nothing**.

Industry: **Louse no time. Be always employed in something useful.** Cut off all unnecessary actions.

Cleanliness: Tolerate no uncleanness in body, clothes or habitation. Tranquility: **Be not disturbed at accidents,** common or unavoidable, or at trifles.

Temperance: **eat not to dullness, drink not to elevation**

Sincerity: use no hurtful deceit, think innocently and justfully and speak accordingly,

Justice: **wrong no one** by causing injuries or omitting your duties

Moderation: **avoid extremes**, forebear resenting injuries so much as you think they deserve

Wisdom and Humility: Imitate Jesus and Socrates. **Avoid assertive criticism** rather say "It appears to me…or If I am not mistaken " **Be skeptical. Ask Questions**.

Ben Franklin's schedule. Early to rise

Ask What Good can I do today? **Plan**, Set time aside for thinking, reading, and for work. Before bed ask What Good have I done today? Evaluate actions. Get adequate sleep.

The greatest good is to do good for the community.

Quitters don't Win & Winners don't Quit.
Desire success. Desire that goal. Be Determined.
Set some time aside for reflection and planning.
If you fail to plan you are planning to fail.
Think about what to do to be a success. **Get the needed knowledge**, make a plan, figure a way. Find a need that you can fill and people will pay you, just one good idea is sometimes all it takes. Set aside a short time for thinking.
James Allen in As a Man Thinketh said:
A **wise** person: **controls** his **thoughts** and thereby his actions; spends more time in study and thought; questions most everything; tries to find the truth; makes the best use of his time; avoids time traps such as entertainment. A wise person knows that **success**, happiness, worry (is a waste of time) love, suffering, health and actions all **stem from thought**. Character is the sum of ones thoughts. You are and do what you think. To change yourself change your thinking. You have freedom to choose your thoughts. If you want success you must think success. You are completely responsible for your own thoughts. You can't blame anyone else. As you continue to think so you will remain. You are limited only by the thoughts you yourself choose. The **wise** man **organizes**, prioritizes controls, & disciplines his thinking. He **rejects negative, useless**, idle, irrational, **emotional**, **worrisome**, lustful, purposeless thoughts. (except to relax and sleep)
Better management uses scientific finding of best practices and wise management

Most problems are **caused by failing to get enough information**, **and also by insufficient thinking**.
Do what you can one step at a time. When angry count to 100 before you speak. Think of the consequences first. To test ideas ask: Is it the **right** thing to do? Is it **fair** to all?
Be observant. **Look for opportunities**.
A good technique in getting ideas is called **brainstorming**. Gather 1 or more thoughtful people together and brainstorm a question. Write down every idea no matter how trivial without question for twenty minutes. Then later go over each idea looking for other ideas. Still later one can sort out the better ideas. **Seek expert advice** from more than one source when making decisions out of your area of knowledge. Surround yourself with the best people you can find.
Knowledge is power. Learn a skill or get knowledge that businesses and people will pay you good wages for. Chose a job you love and you will never have to work a day in your life.
Automation will soon replace thousands of human jobs.
Don't go into jobs that will be automated.
Education pays. There are thousands of free classes online, including college and vocational classes. Do a Google search. YouTube has millions of free educational videos. Also you can take free or low cost classes to get knowledge then take a test for credit. People with degrees make more money but sometimes the knowledge not the degree is what gets the job. Community colleges are a best bargain. Khan Academy has **hundreds of free video lessons** on many subjects.

Many people get great satisfaction in doing good things, that leave our world of people a little happier. The world has many lonely, lost and needy people. Young people need good guidance and examples. **Look for opportunities to do random acts of kindness.** Instead of paying me back pay it forward, help another. Just **being friendly smiling and saying hello is an act of kindness.** Buy a meal for someone, or help someone**.** All humans need to feel loved and secure. The world can be cold and cruel. **Even a small kindness can bring great happiness to both giver and receiver**. Everyone can do little things that benefit mankind and that may make a difference in bringing happiness. I am an old man and find that little kindnesses that others did brought me much happiness as do remembering kind acts I did for others that gave me satisfaction for years. **Happiness after all comes from inner satisfaction.** Music can also be a great source of joy. Find music you like and perhaps even learn to play an instrument. That is also great for your maintaining a sharp mind and living longer.

To many, **the greatest happiness** comes from knowing that they have helped needy others which makes the world a better happier place. Other people are also your greatest resource. Likability works and benefits all. First impressions are important. Look them in the eye, smile, say Hello

A recent Harvard 75 year study showed that **good relationships lead to much happier lives and living longer.** See The Good Life Robert Waldinger TED Talk on YouTube.

https://www.youtube.com/watch?v=8KkKuTCFvzI

So much information is available now that it is difficult to sort out which to look at and what is true or not. Our news is censored and biased. Special interests own large percentages of our news media resulting in news that is slanted to their wishes. **Look for reliable sources that quote real sources. NPR, PBS and a few independent media are good.** Google News gives several sources. But **be skeptical**. Ask enough questions to get all of the needed facts and verify them. **Limit your input to things that matter**. Eliminate trivial topics and outdated material. **Learn how to learn.** Find what works for you like hand printing notes, quizzing self, & flash cards. Learn how to take **quick notes**. When time is short use abbreviations. Leave out vowels, Later rewrite the notes while the lecture is still fresh. **Review and Repetition works**. **Taking notes works**. Cursive is faster than printing. If you have a fast speaker, use a recorder. Think and Ask the 9 learning Questions What, Who, Where, When, How, Why. Is it **factual**? Is it **verified**? Is it **up to date**? **Beware of** untruths and **half truths**. Insufficient, thinking, fact gathering and not caring are the major causes of deaths and suffering. **Use scientific method**. Science applied with wisdom has done more for mankind than anything else. **Seek the truth**. Don't take anyone's word for it require proof. For fast Knowledge first consult **Wikipedia.** The following have millions of free books: Internet Archive https://archive.org Project Gutenberg, International Children's Library. Also **book reviews can save you time**. Library of Congress has much online. Also see your local research librarian.

Best time proven ways to get along with people. Only do to others as you would want done to yourself. (AKA The Golden Rule) First impressions are very important. This includes body language. **Being friendly including a pleasant greeting and kind words**. I have seen this pay off many times. Look directly and face the other person. **Listen** to them and indicate you heard their point. **Sometimes summarize** what they said. Look at things from their point of view. **Find common interests on things.** Establish rapport, common ground, The key is to learn how to become like them. **Avoid criticizing, negativity and direct contradiction.** Don't use "absolutely, certainly, undoubtedly." Rather say "It appears to me… or If I am not mistaken…or imagine… What if" **Stick to the positive. Look for the good in others and things.** I have seen people get fired or relations fail because of negativity. If criticism is to be done it should be done in a positive, constructive way. Begin by criticizing oneself first. Franklin said Things unknown should be proposed as things forgot. Become a humble doubter. **Ask Questions like Socrates.** Know what you want listen for what you are getting. Change what you do until you get what you want. People like to hear their own name in a greeting and in positive ways. **Praise others often. Find something good to say even in a bad situation.**
Learn how to facilitate people believing in you and accepting your ideas. People skills are a most important asset. There are lots of good books on this and other important skills like how to improve your memory.

How to Win Friends and Influence People by Dale Carnegie has great ideas some of which are: **To influence others talk about what they want** and **show them how to get it.** "First arouse in the other person an eager want." If you want people to like you become genuinely interested in them. Make a good first impression. **Smile**. It costs nothing but creates happiness and sometimes pays well. "Be a good listener. encourage others talk about themselves." Talk in terms of the other man's interests. Make the other person feel important sincerely. **Avoid arguments.** Use "I may be wrong but…" **Ask questions. Find the facts.** Use "It may appear that…" Show respect for others opinions. Avoid telling them they are wrong and if you are wrong admit it quickly. **Find things you can agree on.** Like Socrates **ask questions** that will get a yes answer. Get him saying yes. Let the other person do **most** of the talking. Plant an idea. Later let them think the idea was theirs. **Try to see things from the other person's point of view**. Be sympathetic with others ideas and desires. Refer to mistakes indirectly so as not give offense. Talk about your own mistakes first. Ask questions instead of giving direct orders. Could you please do… You might consider Give suggestions. Offer a challenge. Let the other person save face. In other words be considerate. **Use encouragement.** Encourage even the smallest and every improvement. Make things you want done seem easy to correct or do. Make them happy about doing what you suggest. **Give honest appreciation**.

I have listed over **5,000 scholarships on my website** and more information to help students and job seekers.
See **http:**//do**good**forall.today
Use microphone on your fone to do a quick Google search for information on whatever you want to know.
I have observed that if listeners synchronize with the person talking to them visually, and vocally it shows the other person that you are listening and that you are like them. Facing them, matching the speed and tone of voice creates a psychological bond. We all like people who are like us.
Express that you desire to be of help to them. Get their email or texting address. Stay in touch with those who can be of help to you. **Be careful of what you do on social media** as it is recorded for posterity in archives and employers may see it. Many people have been fired over something they posted online. **Avoid bashing people** <u>or putting yourself in bad light.</u> Future employers often look at candidates actions on social media. Your Google searches can be bought by anyone such as a future employer. If you had a health class and searched for a terrible disease a future employer may see that and since he has many applications may throw yours away just to not take a chance that you might have it. **Your reputation** and **attitude precedes you**. **Actions speak louder than words**. Your body language and gestures are stronger than what you say. **Being diplomatic** and **friendly pays much better** than complaining and negative actions. Friendship increases by visiting friends, but not too often.

There are better ways of resolving disputes than killing. (diplomacy, discussion dispute resolution, and mediation)
Look at two family men shoving a sword thru each other in a war. Neither one has anything against the other.
What does painfully killing each other solve?
Humans should always be courteous and civil.
Humans are Humane, monsters aren't.
Humans cause no harm by our actions or inaction.
Because if we don't there is so much power now available to individuals that misuse of it can cause our extinction.
Active Listening is a great tool for human relations. Acknowledge points they said or summarizing shows you are listening and care. Great for dealing with emotional complaints.
Things to learn that may save your life: Basic survival, How to build a fire without matches. How to put out fires. How to make a solar still to get pure water, find food, Have a good first aid kit. Most people are not prepared. Read a survival book. Visit **scouthandbook.info It may save your life.**
Learn self defense because it may also save your life.
Recognize that a threat to one as a threat to all. Divide and surprise attack are proven formulas for victory. To disarm the people is the best way to enslave them.
Too many have died needlessly and it continues today around the world. 10% of conflicts are caused by differences in opinion and 90% by the wrong tone of voice or terrorists. When there are two groups who do not understand each others language conflict resolution is difficult. In disputes they find it easier to fight which often leads to needless killing.

The Easiest Language is a quick solution to non understanding. It is an **International Vocabulary** which speakers of English already know 2000 of its words. Only 16 grammar rules with no exceptions. **It is learnable to a basic fluency in 1 month**. **It is the easiest, fastest and the least cost solution.** It helps language students learn other languages faster. it allows communication between different languages (in 1 month) which is much less time than learning any other language which takes years. It is the most time and cost efficient solution to the language misunderstanding problem. It is called Esperanto. If children spent 10 minutes a day learning this our planet would have a common language in a few years and many lives would be saved, some conflicts and wars avoided because humans need a common understandable language especially in emergencies. And vacations are enhanced because you can get information from people who live where you are going. For a free book see http://easiestlanguage.info

Join **Esperanto** groups on Internet and chat with people in over 100 countries. Make friends Save money on travel. I had friends who traveled around world staying in friends houses. Had a great time. Get easy language college credits in much less time. Ben Franklin said **Dost thou love life? Then do not squander time, for that's the stuff life is made of. Lost time is never found again.**

Waste not life in the grave will be sleeping enough.

Ben Franklin a very wise man, stated I will speak no ill of anyone because he found that criticism made enemies. A true friend is the best possession. Hear no ill of a friend, nor speak any of an enemy. **If you would reap praise you must sow the seeds, gentle words and useful deeds.**
People want to feel important. Make them feel important.
Instead of condemning try to understand.
Find something to praise about the other person.
Express appreciation often. If you want someone to do something you need to make them want to do it.
There is great Importance in maintaining contact with and good report with family, and friends. Automation will replace many workers in near future. See "Humans Need Not Apply" on YouTube. Life is rare in the Universe. **Science gives us accurate knowledge, engineering applies that knowledge. Technology gives** us wonderful **tools** but applying technology without love, kindness and wisdom is dangerous. Learn to **keep calm**, **thoughtful** and in control **regardless of situation**. This gives you a great advantage. Nothing is as important as this day and the Love and Life in it. Diplomacy gets you far more than complaining or rage. Nobody likes complainers. Look for opportunities. Be your own salesman of yourself. First impressions are priceless **You don't know how much you know until you know how little you know.** You Know! Keep up to date on important things. Read more, listen to informative podcasts. Surround yourself with positive, wise, drug free, knowledgeable friends.

What is the solution to people mistreating each other? We need an expectation that all humans be required to practice such as:

Humans are Humane Monsters aren't. Cause no harm by actions or inaction. Make that the expectation and Law and enforce law to protect all.

Demand responsible behavior from all.

Another way of expressing this is the Golden Rule which is: Only do as you would want done to yourself. Wise ones like Jesus for centuries have advocated this. Confucius, and Socrates put it in the form of the Silver Rule. Do not do to others what you would not want done to your self. It should be taught to children. Law is an agreement on how things are to be done. Things work better with law rather than brute force. History shows we still need defenses. Indians sometimes had forts. Cities and outposts had walls. **Houses and cars have doors and locks. Use them.** There are people who would steal your things so don't make it easy for them. Keep your valuables out of sight, locked up, and **make several copies of your data**. USB sticks are great. MicroSD cards are tiny.

Be always watchful. Learn self defense. Be Prepared.

We should help create and maintain a caring world for ourselves and those with whom we are in contact daily. We never know when we may need help ourselves. You have the power to increase your happiness and make a difference by looking for opportunities help others. It is better to light a candle than to curse the darkness. If everyone improved their own area what a wonderful world this could be."

Be happy and cheerful. Give others your smile.

With so much mis-information out there how do we get the Truth? First try to get good verifiable sources. Be skeptical ask enough questions so as to get needed information. Then verify from several reliable sources. Insufficient facts always invite danger. **Question everything**. Don't assume. Ask why. Think. If you train your brain to be scientific minded you have much better understanding. **Learn how everything works** because being scientific minded gives you an advantage over the many who are living in fantasy ignorance land. Example learn how to **set up your own solar panel for free electricity** to charge your fone and laptop and you will always have power and light even when the rest of the world is dark. Do it yourself for under $100. You can set it up inside in a window or outside on a rack of inexpensive PVC pipe using zip ties. Paint ties white so they are not damaged by sun. Best avoid roof if you have snow to brush off. Use more efficient Mono-crystalline or new Perovskite panels. Point their flat area directly at the sun at mid day. Add a charge controller to prevent boiling the battery. Deep cell golf cart batteries are best. Decent used car batteries are cheaper. Get an inverter converts DC to AC so you can use your other electrical stuff. Shop around save money. Add more panels and batteries to get more free electricity.

See **http://dogoodforall.today/freesolarpower.pdf**

Real knowledge is to know the extent of one's ignorance. Study what is most likely to happen in the future so you will be prepared. Look especially for opportunities.

Look at the Occupation Outlook Handbook online.

The most important words in human relations

I ADMIT I MADE A MISTAKE (the most important 6 words)

I AM PROUD OF YOU (most important 5 words)

WHAT IS YOUR OPINION (most important 4 words)

IF YOU PLEASE (the most important 3 words)

THANK YOU (the most important 2 words)

We (the most important word)

I (the LEAST important word)

Put more "We" in your conversations. In disagreements work on common interests and solutions. Being diplomatic and friendly pays much better than complaining and negative actions. Beware. What you do goes around and later comes around. Your actions may eventually come back to you.

If it is to be it's up to me. When the going gets tough the tough get going. Know yourself. Be aware that the world is not a nice or safe place there are those working to take away your freedom, valuables and income. Being aware of who and what is around you is a great idea. **Planning in advance what to do** in hostile situations can save your life. Because automation will within a dozen years cause much unemployment if pandemic or war doesn't happen first, we **will need to have a basic income for all** which can be done by putting solar panel farms all over on public property (could use free prisoner labor) then give an equal share of the huge profit from the free solar energy to every citizen. Everyone could still work if they want to. This could end welfare and lessen crime. Also read up on the Venus project and Jacque Fresco. **Grandpa's thoughts follow:**

Live as if it is your last day alive, as it actually could be.
No one knows.
Have the courage to speak the truth and stand up for right.
To see the right thing to do and not to do it is cowardice.
Wisdom stands the test of time. Observe the good points of others and adopt them. Observe bad points of others and correct them in yourself. Do not waste your time as it is valuable and priceless. **You can never get back a wasted day. Life is short. Time is money**. **Great minds discuss ideas**, average minds discuss events, small minds discuss people.

Scouting offers great opportunities camping, hiking, flying airplanes, canoeing, horseback riding, High Adventure Trips, Philmont Scout Ranch, D-A, Parks. **Scouts learn leadership, success, people skills, survival skills**, (see picture of solar still. Just a piece of plastic can save our life.) emergency preparedness, CPR, First Aid, safety, swimming, life saving over 100 merit badges on many occupations & interesting hobby interests such as: Electronics, Energy, Engineering, Environment, Medicine, Boating, Music, Robotics, Salesmanship, and many more. A Scout is Trustworthy, Loyal, Helpful, **Friendly**, **Courteous**, **Kind**, Obedient, **Cheerful**, Thrifty, **Brave**, Clean Reverent. Scout motto is **Be Prepared**.
Slogan Do a Good Turn Daily.
See more at **http://scouthandbook.info**
Your Unclaimed Family Money Someone in your family may have free money Visit my website http://dogoodforall.today for links to state and federal money sites and instructions.

We are beginning a trans-human era with implanted devices being put into people. Blind will see. Deaf will hear. Paralyzed are walking. Artificial arms and legs are now working. Artificial organs are coming. Science, kindness and wisdom have done more for mankind than anything else.

Mu chips as small as this dot · will be put into people, pills and nearly everything else to track things, for inventory, and theft prevention. Mu chip powder can be sprinkled on produce bad batches can be then be tracked and lives saved. Read up on Mu chips. Bots (automated programs) will do jobs for us. Robots will be serving us. Robo cops may police us. Gorts may solve the violence problem. We need to keep our brains active by thinking. Exercise your brain do addition and multiplication in your head when bored. This can be beneficial and improves your thinking. Eat properly to feed your brain better. See Dr. Daniel Amen's book "Use your brain to change your age" (Improve your body so it functions as if it were younger.)

Smoke and CO^2 detector alarms with good batteries and fire extinguishers nearby save lives. Avoid natural Christmas trees as they ignite easily and burn fast. It's the fumes that kill you not the fire. Make an escape plan and make sure everyone knows it and also to get down low to avoid fumes and most important get out. I speak from experience I was a fireman.

When you meet new people that you want to keep as friends or acquaintances make yourself memorable. Find something that sets you apart from others give them something to remember you by. Be the reliable good friend.

The Universal Declaration of Human Rights **lists our most important human rights.** The basic law of our land is the US Constitution which purpose is to establish justice, insure domestic tranquility, provide for the common defense, promote the general welfare, and secure the blessings of liberty to ourselves and our posterity. The Bill of Rights is first 10 amendments. First Amendment guarantees the freedom of religion, freedom of speech, of the press, of assembly, and of petition to the government for redress of grievances. Privacy is important, otherwise risk of identity theft, they can empty your bank account or run up charges on your credit, People government and corporations are collecting info about you, can have wrong info, cost you jobs, or could hurt you. **Don't give out your personal information.** Employers and Government, can and do spy on your email, personal calls, Internet usage, banking, credit, locations, your Google searches, Facebook and more. **Don't post anything bad or "flame" others on social media** because there are others who relish attacking you if they disagree. Of course **we all need to stand up for what is right and have the courage to do so**. There are too many cowards who do not. If you don't stand for something then you stand for nothing. **We veterans are proud to have stood up many times** for what is right and continue to do so in spite of threats. To not do so would be cowardice. We also defend freedom of speech. **Don't fall for anti hate speech laws as it is just a ruse to stop speaking the truth** about terrorist groups and their cult.

Learning from others experience and history can serve you well and **may even save your life**. It is far better to learn from others experience and from history because you don't go thru the pain and suffering and sometimes dying.

Here are a few things that history shows us:

All persons die, many before old age, many from drugs, many because of criminal behavior, many because they did not seek or get timely medical treatment, many because of their own unthinkingness, and many because of bad associations. Many died because they lived in a time or place of rule by brute force instead of rule by law. For many thousands of years our ancestors lived in tribes which were constantly at war. Look at a World Almanac history section shows endless and **needless wars usually over land or religion**. Once rule of law is established such as in the USA most of the fighting is resolved by law and by law enforcement. If you have a problem you call 911. In addition there is Human Rights Law such as our Bill of Rights and The **Universal Declaration of Human Rights**. Some **rights are: right to Life, liberty, security, not to be a slave**, no cruel treatment, trial, innocent until proven guilty, privacy, to own property, freedom of thought **freedom of speech** and media, take part in the government, social security, fair pay for work, adequate standard of living, and education and that everyone has duties to support these rights for all. History also shows us that there is at least one big ideology that has violated these rights for over 1400 years and worse continues to seriously violate Human Rights even killing many this year and could be a threat to you..

This world domination cult: is mentioned here because it is a threat to you (some of my friends have been killed by them); has nearly 2 billion members who secretly support it's own Sharia(Islamic) Law and political system which denies equal rights to women, girls and non believers and allows killing of non believers. Facts show they are responsible for thousands of deaths of innocent persons such as travelers, shoppers, even children world wide (9-11 3,000 innocent people killed and in air plane, car, truck and suicide bombings) **Hundreds were murdered last year** and **this continues into today with endless bombings & killings** worldwide. **This is verifiable** see factual lists on "thereligionofpeace.com" and List of Islamist terrorist attacks on Wikipedia. They hide their true plan (taking over) like a stealth enemy or cancer continually growing bringing in thousands more of them and having babies by multiple wives who can go on welfare so we end up supporting them. They are asked to not cause trouble. Meanwhile they infiltrate government and businesses. History shows when they get a majority they take over. Then their peaceful character reverts only to their members and all non believers get taxed or killed and all other religions are stomped out. **To verify this just look at** any country they have taken over such as Iran, Pakistan, Afghanistan, Syria, Iraq and going on now in Africa. Its not the small religion praying part, but rather much larger political and physical actions that are hurting girls, women and killing non believers. Actions speak louder than words

We do not just get wisdom we discover it. **The only learning is self-learning**. Life has its happy times and sad times, good times and terrible times. **Learn from them** but enjoy things when you can. Take moments to enjoy beautiful flowers and clouds. Self esteem, what you think about yourself is very important. Look at what you have done and you will see that you have done a lot and that you are a capable person.

This is the beginning of a new day. God gave me this day to use as I will. To waste it, or use it for good. **What I do with this day is important, because I have given one day of my life for it.** When and if tomorrow comes, today will be gone forever. Remember I paid one day of my life for it. Hope I will not regret the price I paid for it.

On many a grave headstones glisten of those who heard but wouldn't listen. Victor RaCosky said "You are who you run with. And When you think you are down and out hit them one more time." Many epitaphs are wise:

Be thankful for what you have-Life. Do the most good while you can before it is too late. Use time wisely waste it not for all too soon this (the grave) will be your lot.

The worst evil of all is uncaringness.

We veterans are not cowards we have stood up to those who abuse helpless women and children and those who kill innocent people. We are against abuse of women and girls. slavery, oppression, and killing. I speak out because to not do so would be cowardly. Join me in speaking out against abuse.

A hero is a person who does what was right or who is really intent on making this a better place for all even in difficult circumstances. **If you don't stand for something you stand for nothing.** A lot of cowards just take the easy way out and don't even try. Join me in standing up for freedom with liberty and justice for all.

Do It Now. I expect to pass through this world but once. Any good thing, therefore, that I can do or kindness I can show to any fellow human being let me do it now. Let me not defer nor neglect it for I shall not pass this way again.

What are examples of Best Human Conduct of great leaders? Starting with WWJD being that our country was founded on Christian principals. What Would Jesus Do? He taught exactly what most of the world considers is the most accepted rule for human behavior the Golden Rule **Only do as you would have others do to you.** He Taught Love One Another, not to kill, steal or commit adultery. He did not own slaves or a harem. He stopped a woman from being stoned to death told her to go and sin no more. He was kind to children and taught all should be kind like the good Samaritan. He did not participate in any wars.

If we ask **What would Confucius Do or Socrates, Buddha, Gandhi, Dolly Lama, Martin Luther King** or in fact most heads of religions **the answer would be the same** as would be their actions. The Golden Rule is the Accepted Western and World Standard, but it is **not** found in the Quran which promotes killing of non believers 9-5, sex with prepubescent little girls 65:4, wife beating 4:34, slavery and unquestionable submission to the cult. This is verifiable and there are many more verses on these so you can read it yourself. See http://thereligionofpeace.com for many more facts.

Historians ask WWMD What would (did) Muhammad Do? is also the same as what he did and taught which is well documented. He is considered the perfect example of human behavior by 2 billion people. Well here is the historic **truth** like it or not. **Verified by many accurate biographies, Bukhari, Quran, Sira & Hadiths** He claimed that God's angel spoke to him often. He became a warrior who participated in raids against mostly peaceful peoples. He came up with powerful ideas: that of jihad which is war ordered by God to expand Islam; and not allowing followers to leave under penalty of death; and all peoples being forced to submit or be killed or sold as slaves. He ordered his men to loot, plunder, kill all of the men and boys, and take all of the women and children as slaves. He had his men rape the women and he demanded a 1/5 cut of all bounty and women for his harem and encouraged beheadings. He had a young mother stripped of her nursing baby and painfully stoned to death. He had repeated sex with a 9 year old little girl. Since he is considered the perfect example this and slavery is now legal in Islamic law today. They made a lot of money out of selling slaves for 1,400 years continuing into today. He had anyone who disagreed with him or even doubted he was a prophet, killed and this has been the practice for 1,400 years continuing into today. He presided over the beheadings of 800 peaceful non believers. As king of Arabia his warriors bloodily conquered the Middle East, and many other parts of the world including much of Africa killing 250 million mostly innocent peaceful persons, selling their wives & children into slavery & stealing all of their property. He was the world's greatest military leader. The above actions are verifiable from hundreds of documents. But should we use WWMD as a standard of conduct? Problem is not the small religion part but the much larger political and physical actions hurting girls, & women and killing non believers. Actions speak louder than words. Many think we should use WWJD because Humans are Humane. HaH

There are lies, half truths and propaganda out there. Seek the truth. **Ask enough questions to get needed facts.** Don't trust uneducated opinions, hearsay or obsolete books. Get verified facts. **Think**. Ask is it actual and factual? Prove it.

More Ben Franklin Quotes

Forewarned is Forearmed Listen to reason or get hit by it

The Best way of Serving God, is Doing Good to man.

Do good to thy friend to keep him, to thy enemy to gain him.

Nothing is so popular as goodness.

Happy Wife, Happy Life. A good wife and health is a man's best wealth. Good sense all need, few have.

Early to bed and early to rise, makes a man healthy, wealthy, and wise. Diligence is the mother of good luck and overcomes difficulty. God gives all things to industry.

Love your enemies, for they would tell your faults. Thou can not joke an enemy into a friend, but thou can a friend into an enemy. Think before you speak. Don't throw stones at your neighbors, if your have windows. **Want a faithful servant? Serve yourself.** God helps them that help themselves.

You ought to be an honor to your family. Glass, China, and reputation, are easily cracked and never well mended. If you do what you should not, you must hear what you would not.

When there's no law, there's no bread.

Great talkers, little doers. Eat to live, live not to eat.

To lengthen thy life, lessen thy meals.

A penny saved is a penny earned.

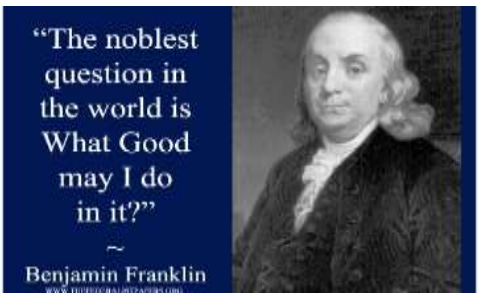
Search others for their virtues, thyself for thy vices.
Observe all men: thyself most.
Haste makes waste. Well done is better than well said.
Better slip with the foot then with the Tongue.
Pay what you owe, and you'll know what is your own.
Borrowing will go a Sorrowing.
Tis easier to suppress the first desire, than to satisfy all that follow it. Let my discontents be secrets. Blessed is he who expects nothing, for he will never be disappointed.
Folly & Wickedness shorten life.
He who falls in love with himself will have no rivals.
When the Wells dry we know the worth of water. Tis easier to prevent bad habits them to break them.
Who is strong? He that can conquer his bad habits.
Neglect mending a small fault and soon be a great one. A stitch in time saves nine. **Don't underestimate the power of small things.** A loose nut can cause a hatch to open and sink a ship.
Beware of little expenses. A small leak will sink a great ship.
Death takes no bribes. One Today equals two tomorrows.
Half Wits talk much but say little.
Many a man thinks he's buying pleasure when he is really selling himself a slave to it.
The way to see faith is to shut the eye of reason.
Keep thy shop and thy shop will keep thee. Drive thy business or thy business will drive thee.
Fish and visitors stink after three days.
The sleeping fox catches no birds. Up!

Those who are wrapped up in themselves make small packages.
Leisure time is a good time for doing something useful.
Diligence is the mother of Good Luck.
Would you live with ease, do what you ought,
and not what you please.
Industry, Perseverance, Frugality make fortune yield.
Hide not your Talents, they for Use were made,
What good is a sundial if it sets in the shade?
A lie stands on one leg, truth on two.
Whatever's begun in anger, ends in **shame**.
The things which hurt, Instruct.
A soft Tongue may strike hard.
Paintings & fightings are best seen at a distance.
End of Franklin Quotes

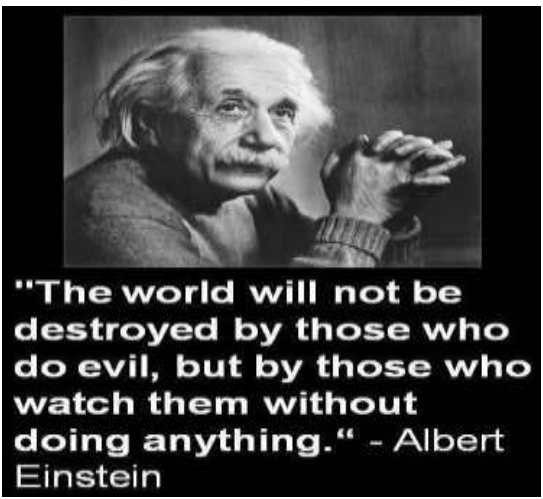
Be aware of what your government is doing. Special interests and corporations have been buying favors from your lawmakers at your expense. We have had the resources and technology to to provide abundance for all for a long time, but the wealthy greedy have been hogging the resources and wealth and our working class has become the ignored class.

Ideals ONE RELIGION **LOVE**, ONE CODE **GOLDEN RULE**, ONE GOVERNMENT **FREEDOM**, ONE LAW **JUSTICE**, ONE EDUCATION **TRUTH**, ONE METHOD **SCIENTIFIC which is asking Questions and finding the factual truth**, ONE EXPECTATION **HUMANS are HUMANE**, ONE POSTULATE **WWJD**?, ONE WAY **KINDNESS**.

Grandpa's experience: **Question Everything**, Bring No Harm by Actions or Inaction, Join With Me to Stand Up for Freedom With Liberty and Justice for All, **Kindness** and **For Completely Free Speech**, and **against abuse of girls and women and against, subjugation, slavery, cruelty and killing**.
Think for Yourself, avoid drugs, gangs, negative people, texting while driving, Think Safety, Be Prepared.
If you want to be a success, Think Success.
Decide what you want to do, Plan how to accomplish it. Make a plan then work your plan.
Visit my website for 5,000 scholarships, unclaimed money and other goodies. http://do**good**forall.today
Learn the easiest language to understand people from over 100 countries and get easy language credits in much less time.
Visit http://easiestlanguage.info
Read the book 1984 By George Orwell. Also Lord of the Flies, and Enemy of the State. They have useful knowledge for you.
I hope this little booklet has given you some useful ideas. If you think of more I can add let me know at wecare@do**good**forall.today



We now have the resources and knowledge to create Abundance, Freedom, Good Paying Jobs, good housing, & medicare for All. Let's end poverty now. Demand these from Congress.
Put the wealth to work creating jobs which puts money into circulation.


"The world will not be destroyed by those who do evil, but by those who watch them without doing anything." - Albert Einstein

HUMANS ARE HUMANE

MONSTERS AREN'T

IT IS OUR DUTY TO STOP
ABUSE, SUFFERING, KILLING,
HUNGER and SLAVERY NOW

CAUSE NO HARM BY ACTIONS
OR INACTION

We are in danger of destroying ourselves by our greed and stupidity. We cannot remain looking inwards at ourselves on a small and increasingly polluted and overcrowded planet.
STEPHEN HAWKING
attn:

One Voice
What this world needs
is a new kind of army -
THE ARMY of the KIND
~Cleveland Amory

Solar Water Still
Small Rock
Plastic Sheet
Condensation
Vegetation
Container

Kindness is
FREE;
LET'S
pass it on
#WorldKindnessDay

Kayla Mueller Humanitarian worker. Search Google see why she is a real hero. Find out who pulled her fingernails out painfully with pliers when she refused to deny Jesus

Below innocent children killed by Islamic attack at Boston Marathon

EVERY TIME YOU SMILE AT SOMEONE, IT IS AN ACTION OF LOVE, A GIFT TO THAT PERSON, A BEAUTIFUL THING.
MOTHER TERESA

LOVE, KINDNESS,
WISDOM and
SCIENCE are free
and happy
solutions to
most problems.

This guy was texting while driving....they found the phone still in his hand.
They found his head in the back seat.
Make sure all the young people you know see this.